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# HAPPY THANKSGIVING

## STAR SEARCHER'S EXPRESS

**THANKSGIVING Thank You! More Please!**



It is not now, and has never been, our intention to send this free newsletter to anyone who does not want it. If you received this in error, please respond with "REMOVE" on the subject line. Forward this to anyone who you think may be interested in its contents. If this was forwarded to you, and you want to receive it monthly, reply with "SUBSCRIBE" in the subject line. Visit our web site at <http://www.bethestaryouare.org>. Thank you

### MIRACLE MOMENT®:

*To speak gratitude is courteous and pleasant, to enact gratitude is generous and noble, but to live gratitude is to touch Heaven.*

*Johannes A. Gaertner*

### The Gratitude Attitude

**A Message from our Founder, Cynthia Brian**

The legendary and beloved actress Doris Day once said that "gratitude is riches. Complaint is poverty." It's been challenging keeping a charity alive and growing in this depressed economic environment, yet I am so grateful to the numerous volunteers, supporters, radio guests, network team, and audiences, plus random individuals who have contributed time, expertise, and dollars to [Be the Star You Are!®](#) this year.



People across the world find Be the Star You Are!®

through volunteer web sites. Many volunteer for a short period of time, others stay on with our cause. Reflecting upon 2011, we have accomplished so much, launched new programs and continued beneficial older ones.

Our teen volunteers have been especially busy. [Steven Zhou](#), web master, and [Courtney Cheng](#), creative writing director, worked hard to launch the new online creative community for teens, [Express Yourself!™](#) where young people can upload videos, art, music, creative writing, photography, and more at <http://www.BTSYA.com>. Our book review chairperson, Gaby Gryko, oversaw publication of more than a hundred new reviews for [The Reading Tub](#). Our teen event chairperson, [Vivien Lee](#), spearheaded two car wash fundraisers. With the assistance of authors, publishers, and volunteers, our campaign, [Operation Disaster Relief program](#), shipped over \$59,000 worth of books and resources to Joplin, Mo. schools and hospitals in the aftermath of the devastating hurricanes. Robert Mohr and his team of videographers shot [videos](#).

On 11/22/11 at NOON PT/3pm ET, one of our most exuberant outreach program launches with the [Express Yourself!™ TEEN Radio](#) show which will begin broadcast every Tuesday at NOON pm/3pm ET on the [Voice America Kids Network](#). We have Perry Damone, Director of VA Kids and Brandy Jackson, Program Director of World Talk Radio to thank for this opportunity. After they saw our new teen web site, [Express Yourself!™](#) at [www.BTSYA.com](http://www.BTSYA.com), they invited me to produce a program for, by, and with teens of the same name. Preproduction has taken two months, and now our tenacious teens are ready to rock.

[Express Yourself!™](#) is a radio program where teens talk and the world listens. It will broadcast to 132 countries and be focused on topics pertinent to young people around the globe. Our hosts are 17 year old Chan Dara Paschal from Los Angeles and Steven Zhou from the San Francisco Bay Area along with five teen field reporters including Rachel Glass in Oregon, Jacqueline Tao at Stanford University, Courtney Cheng, Vivien Lee, and Eric Pawlakos from the East Bay. [Read more](#) at <http://www.ExpressYourselfTeenRadio.com>. My gratitude to these exceptional teen volunteers who create their own segment material and are eager to learn the ropes of the radio world. Our appreciation also to our Starstyle®-Be the Star You Are!® guest coordinator, [Angela Siekman](#), who is volunteering her expertise with social media and guests. Many other volunteers are assisting behind the scenes to make Express Yourself!™ a popular teen destination. Thank you all!

We invite you to tune in to adolescent fusion Tuesdays at NOON PT at <http://www.voiceamerica.com/show/2014/express-yourself> or for more info <http://www.ExpressYourselfTeenRadio.com>

In addition to our above activities for the charity, [Starstyle®-Be the Star You Are!®](#) radio program continues to broadcast LIVE every Thursday from 3-4pm PT/6-7pm ET on [World Talk Radio](#) with fascinating authors and experts. And [Be the Star You Are!®](#) has continued to ship books to organizations, shelters, and causes in need. Be the Star You Are!® really is making a difference in a big way.

Our [8<sup>th</sup> annual national essay contest](#) began in the middle of October and continues through January. Make sure to enter to win dollars, books, radio interviews, and more.

It's been a year of innovation, creation, collaboration, and perspiration. I personally give thanks to everyone who has helped in any way throughout our journey. The orator Cicero is credited with saying "Gratitude is not only the greatest of virtues, but the parent of all others." As a mom of my two children and the mother of many new projects, I salute you all and send you our gratefulness. We are happy with our progress and embrace the gratitude attitude.

Wishing you and your families a bountiful, loving, happy, healthy Thanksgiving.

Thanks for helping us do great things! Taking a cue from a recent independent film, I want to end with THANK YOU...MORE PLEASE!

With an attitude of gratitude,

*Cynthia Brian*

*Founder/ Executive Director*

*Cynthia@BetheStarYouAre.org*



PS: A couple of ways to increase thankfulness in your life is to keep a gratitude journal. Make sure to enter all the simple things you are grateful for including food, family, friends, and even foes.

Remember to write thank you notes to those who have touched your life

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## GRATITUDE WORKS

### The Green Buddha



[The Green Buddha](#), started by the mother-daughter team of Jeanne Dowell and Dana Dowell Windatt, promotes a lifestyle of gratitude through its unique line of eco-friendly apparel and accessories. New this holiday is their latest line of Attitude of Gratitude (A.O.G.) apparel that reminds us to always be thankful. A percentage of the proceeds goes to S.E.E.D.S, which helps poor villages in Nepal. [www.thegreenbuddha.com](http://www.thegreenbuddha.com).

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## DONATE FOR THANKSGIVING!

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### WIN \$\$\$ IN THE 8TH ANNUAL ESSAY CONTEST

The 8<sup>th</sup> Annual National Essay Contest is underway sponsored by US BANK of Lafayette. Win \$\$\$\$ , books, and an interview on our internationally broadcast radio show and more.



## Choose a Topic:

1. "The World at Your Fingertips": Technology allows people to access and do so much more than ever imagined. How has technology changed your life? Is it better or worse?

2. "Hear Me Out": Got something to say? Then say it! What does it mean to express yourself so that others can hear you? How do you personally go about doing so?

Express your opinions on it in an essay.



**ENTER**

# Radio Flyer

## EXPRESS YOURSELF!™ TEEN RADIO LAUNCHES

### Get Ready to Express Yourself!™

Tune in to [Express Yourself!™](#), an entertaining radio program where passion, productivity, and possibility populate the airwaves with vivacious hosts Chan Dara Paschal and Steven Zhou every Tuesday at NOON PT/3pm ET on [Voice America Kids Network](#). Our hosts will interview cool celebrities and exhilarating experts showcasing stylish and trendy, hip and electrifying, as well as wild and extreme life choices and experiences. Within the walls of the young adult community, listeners will be uplifted, encouraged, and supported to be the stars of their own lives.

Through connections, collaborations, conversations, and conflicts, a global campus of young people unite. Topics include books, music, making a difference, technology, school, art, writing, volunteering, humor, films, family, friends, foes, fashion, and fun.



Our five teen field reporters, Courtney Cheng, Vivien Lee, Rachel Glass, Eric Pawlakos, and Jacqueline Tao offer stimulating segments and invigorating viewpoints critical to the success and happiness of teens.

**Official web site:** <http://www.ExpressYourselfTeenRadio.com>

**Voice America Kids Network:** <http://www.voiceamerica.com/show/2014/express-yourself>

**Facebook:** <http://www.facebook.com/pages/Express-Yourself-Teen-Radio/169198213171912>

**Twitter:** <HTTP://WWW.TWITTER.COM/EYTEENRadio>



[Starstyle-Be the Star You Are!®](#) radio program is showcasing authors from around the world while broadcasting to 132 countries. Listen live every Thursday from 3-4pm PT/6-7pm ET on World Talk Radio/Voice America at

<http://www.voiceamerica.com/worldtalkradio/vshow.aspx?sid=764>

For photos, descriptions, links, and more information, visit the archives at <http://www.BethestaryouareRadio.com>. Search for shows by date and name under Radio, meet our

Distinguished Guests, read the Praise, find out about upcoming Events, buy products at our Store, and watch Videos.

For guest guidelines, contact our Guest Coordinator, Angela Siekman at [radio@bethestaryouareradio.com](mailto:radio@bethestaryouareradio.com)

# Attract . Engage . Connect

## Savvy Sexy Media

Providing your Brand the attention it needs SSM creates personalized strategies to attract your potential customer. We deliver ongoing engagement in your unique voice for the success of your brand. Let's get the conversation started!

### Services:

Social Media Management

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Public Relations

**\*Special Discount for BTSYA email subscribers**

For free consultation email: [angela@savvysxymedia.com](mailto:angela@savvysxymedia.com)

<http://www.savvysxymedia.com>



## PROMOTIONAL SERVICES



**BOOK REVIEW SERVICE:** Get your books read, reviewed, and uploaded to sites for a donation of \$150.00 per book.

**NEWSLETTER ADVERTISEMENT:** For a donation of \$100, advertise your business or service in Star Searcher's Express with logo.

**COACHING with CYNTHIA BRIAN:** Acting, media, radio, writing, speaking, & life challenges success coaching in person, via SKYPE, or phone.

**For more information, email [info@bethestaryouare.org](mailto:info@bethestaryouare.org).**

## WISHING WELL

Be the Star You Are!® is supported 100% by your tax-deductible donations.

\*Donate \$25, \$50, or \$100 <http://www.bethystaryouare.org/donate.htm>

\*Help in other ways <http://www.btsya.com/donations.html>

\*Buy books at [Amazon](http://www.amazon.com)

[http://www.amazon.com/shops/be\\_the\\_star\\_you\\_are\\_charity](http://www.amazon.com/shops/be_the_star_you_are_charity)

\*Shop until your Drop <http://www.givebackamerica.com/charity.php?b=768>

\*Shop at EBAY [http://donations.ebay.com/charity/charity.jsp?NP\\_ID=1504](http://donations.ebay.com/charity/charity.jsp?NP_ID=1504)

\*Support our Teen Express Yourself Creative Community <http://www.BTSYA.com>

**\*Give our books & T-**

**shirts** [http://starstyleradio.com/RADIO\\_SHOWS/Store.html](http://starstyleradio.com/RADIO_SHOWS/Store.html)



This holiday season consider making a donation to continue our work empowering women and teens. We walk our talk!

Thanks for supporting literacy projects.

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*"Give thanks for unknown blessings already on their way."  
Native American Proverb*



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**Have a beautiful  
Thanksgiving feast with  
friends and family and THANK  
YOU for being a shining STAR!**

***Cultivate your gratitude  
attitude and shout  
"more please!"***



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brought to you by **Be the Star You Are!®** literacy 501c 3

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[www.bethestaryouare.org](http://www.bethestaryouare.org)

[www.BTSYA.com](http://www.BTSYA.com)



**BE THE STAR YOU ARE®!** is a library of books and other media donated to youth at risk to raise their skills and self esteem to improve their daily lives. This media ranges from education and advisement to inspiration and guidance which covers every aspect of life from abuse through money management. **BE THE STAR YOU ARE®!** has no religious or political agendas or affiliations as it caters to the literate and illiterate by providing audio tapes and videos as well as books to give these kids a head start in their lives so they can beat the odds.



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